

# 2012 INTEGRATIVE THERAPIES CONFERENCE:

## Creating a Healing Environment

Wednesday, Sept. 19, 2012

The Ohio 4-H Center  
2201 Fred Taylor Drive  
Columbus, OH 43210



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|------------------|---|
| 7:30-8 a.m.      | <b>Registration and Refreshments</b>  |
| 8-8:15 a.m.      | <b>Welcome and Opening Remarks</b><br>Larry Lewellen<br>Vice President of Care Coordination and Health Promotion,<br>OSU Health System<br><br>Steven G. Gabbe, MD<br>Senior Vice President for Health Sciences,<br>The Ohio State University<br>Chief Executive Officer,<br>The Ohio State University Wexner Medical Center |
| 8:15-9 a.m.      | <b>KEYNOTE: Integrative Health Care: State of the Research</b><br>Josephine P. Briggs, MD<br>Director, National Center for Complementary and<br>Alternative Medicine  |
| 9-9:20 a.m.      | <b>Mindfulness Matters</b><br>Maryanna Klatt, PhD<br>Associate Professor, School of Health and Rehabilitation Sciences,<br>Family Medicine, The Ohio State University   |
| 9:20-9:40 a.m.   | <b>Therapeutic Touch</b><br>Marjorie Anderson, MS, RN, PMHCNS-BC<br>Mental Health CNS, OSUCCC - James   |
| 9:40-10 a.m.     | <b>What's On Your Plate?</b> (How you Eat, How you Shop)<br>Lynne Genter MS, RN, CRRN<br>Director, Rehabilitation and Ancillary Services,<br>Ohio State's Wexner Medical Center   |
| 10-10:20 a.m.    | <b>Acupuncture and Your Health</b><br>David Wang, RAc<br>OSU Center for Integrative Medicine  |
| 10:20-10:40 a.m. | <b>Replenishing Break and Vendor Exhibits</b>   |
| 10:40-11 a.m.    | <b>Ayurveda</b><br>Hari Sharma, MD<br>OSU Center for Integrative Medicine   |
| 11-11:20 a.m.    | <b>Guided Imagery</b><br>Patrice Rancour, MS, RN, PMHCNS-BC<br>Advanced Practice Nurse, Program Manager,<br>Wellness Services, OSU Health Plan  |

- 11:20-11:40 a.m.     **Essential Oils**  
Jennifer Baryluk, CYT  
Certified Yoga Teacher
- 11:40-noon     **Botanicals and Nutraceuticals**  
Bella Mehta, PharmD  
Associate Professor of Clinical Pharmacy, Pharmacy Practice and Administration, OSU College of Pharmacy
- noon-12:20 p.m.     **Music Therapy in the Medical Setting**  
Alejandra Ferrer, MM, MT-BC  
Music Therapist, OSUCCC - James
- 12:20-12:40 p.m.     **Manual Methods for Postural Pain**  
Robin Hunter, DC, ICSSD, FICC  
Sports Chiropractor, Clinical Assistant Professor, OSU College of Medicine, OSU Sports Medicine and Rehabilitation
- 12:40-1:30 p.m.     **Lunch Provided and Vendor Exhibits**
- 1:30-3 p.m.     **Choice of Tracks**
- Implementing Change: How to Deal with Trouble at the Border*
- Moderator:  
Christy Patton, MBA  
Patient Experience Manager, Ohio State's Wexner Medical Center
1. Self Care:  
Beth Steinberg, MS, RN, CCTN  
Director of Nursing, Critical Care Nursing,  
Ohio State's Wexner Medical Center
  2. Rethinking Change, Change Process, Story:  
Dan Weberg, RN, BSN, MHI  
Director, Health System Education, Ohio State's Wexner Medical Center
  3. Personal Action Plan: What is next right step for me?  
Patrice Rancour, MS, RN, PMHCNS-BC
  4. Case Study/Unit Example:  
Dan Weberg, RN, BSN, MHI
- State of the Research*
- Speaker: Josephine P. Briggs, MD  
Director, National Center for Complementary and Alternative Medicine
- Moderator: Josephine P. Briggs, MD
- Panel Speakers:
1. CAM use in Childhood Asthma: The Role of Culture and Acculturation  
Kim Arcoleo PhD, MPH  
Associate Professor, Director, Center for Promoting Health in Infants, Children, Adolescents and Women, OSU College of Nursing

*continued...*

2. Mental Practice to Improve Movement After Stroke  
Stephen Page, PhD, MS, S/OT  
Associate Professor, Division of Occupational Therapy;  
Director, Neuromotor Recovery and Rehabilitation Laboratory,  
The Ohio State University
3. Dietary Oils that Target Body Fat  
Martha Belury, PhD, RD  
Professor, Department of Human Nutrition, College of Education  
and Human Ecology, The Ohio State University

***How to Build a Courageous Case***

Moderator: David Hrabe, PhD, RN  
Executive Director, Academic Innovations and Partnerships,  
Associate Professor of Clinical Nursing, OSU College of Nursing

Panel Speakers:

1. The Lived Experience:  
Jeffrey Hunter, MS, DO, DC, FAAFP  
Deputy Chief of Staff, Chillicothe VA Medical Center; Assistant  
Dean and Clinical Professor, Ohio University College of  
Osteopathic Medicine
2. The Administrator Perspective:  
Paula Kobelt, MSN, RN-BC  
Clinical Outcomes Manager for Pain and Complementary  
Therapies, Grant Medical Center
3. The Physician Skeptic Perspective:  
Steven Steinberg, MD  
Professor, Critical Care, Trauma and Burn, OSU College of Medicine
4. Designing the Business Plan:  
Ken Boyer, PhD  
OSU Fisher College of Business

3-3:15 p.m.

**Replenishing Break and Vendor Exhibits**

3:15-4:15 p.m.

**KEYNOTE: Next Steps and Implementation**

Introduction: Mary Nash, PhD, RN, FAAN  
Chief Nursing Executive, OSU Health System  
Associate VP, Health Sciences  
Assistant Dean, College of Nursing  
Usha Menon PhD, FAAN  
Vice Dean, OSU College of Nursing

4:15-4:30 p.m.

**Evaluations**



**Wexner  
Medical  
Center**